**D2 Hunt Seat Equitation Checklist 2023**

Checklist is divided into On the Flat and Over Fences sections. Instructor should only sign when the candidate can consistently perform the “Riding Expectations” while performing the skills in each box.

**Flat Section:**

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| Topic | Sign and Date |
| • Correctly mount and dismount independently (using mounting block if necessary). • Shorten and lengthen reins at walk |  |
| • Perform balancing and suppling exercises for rider at walk and halt and discuss 2 reasons for doing this. • Ride at the walk, performing simple turns and large circles.  |  |
| • Ride at the trot on correct diagonal, performing simple turns, large circles, and an awareness of correct bend. • Ride without stirrups at the sitting trot. |  |
| • Ride at the canter in both directions in an enclosed area and be aware of leads. |  |
| • Discuss how to pass others safely while riding in an enclosed area. |  |
| • Discuss performance to include rider’s position and demonstration of correct diagonals and leads. |  |

**Over Fences Section:**

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| Topic | Sign and Date |
| • Maintain 2-point (jumping) position at the trot on the flat and over 3 trot poles (cavaletti). |  |
| • In an enclosed area, ride a simple jumping course of 6-8 obstacles of cross rails and verticals to include 1 change of direction with the majority of fences set at, but not exceeding 18”. |  |
| • Discuss ways to improve ride. |  |
| * Ride safely and considerately at the walk outside the ring
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